

"It does not matter how slowly you go as long as you do not stop." -Confucius 2021 Year in Review

No one truly expected the degree to which COVID 19 would continue to dominate all aspects of our lives in 2021 as much as it did. Once again at the close of another year, our state and country are facing dire healthcare challenges with mounting cases of COVID 19.

Yet our mission at the Neighborhood Free Health Clinic (NFHC) continues to grow in meeting the needs of the uninsured and underinsured adult population in Stoughton and surrounding areas. We ended 2021 having completed more annual appointments to those in need than ever before in the 13-year history of the NFHC. Our newly introduced Physical Therapy and Pediatric Dental Screening services help to provide another layer of healthcare for our neighbors in need. Physical therapy is essential for our patients with injuries/mobility issues, and dental screenings provide crucial preventative care for pediatric dental patients ages 1-5 years old.

We gratefully acknowledge that this could not have happened without the supportive partnerships of Stoughton Health, Edgewood College faculty and students in both the College of Nursing and the Master's Degree program in Marriage and Family Therapy, our generous donors, grantors, and especially our fantastic volunteers! We were additionally blessed to have been chosen as the first recipient of the Stoughton area Community Purse Giving Circle. Their generous donation went towards purchasing a medical refrigerator, allowing us to store and offer routine vaccinations for our patients!

As we look forward to the new year, we do so embracing all the challenges and generosity that 2021 brought us – and we step forward, ready to meet the needs in our communities and eager to implement new services and program components. Want to be a part of this fantastic organization but feel you lack the background or



finances? Our volunteers come from a wide range of backgrounds and experiences and each of them enriches the services we provide. We encourage you to connect with us, talk with us about the work we do and the impact we have on the lives around us. Consider bringing us your time and talents! Even a few hours a month can make a tremendous difference for our patients. Find and follow us on Facebook and Instagram and share with your friends! Increasing our following draws the attention of potential grantors and can ultimately help us in gaining funding to keep our doors open and services available. Help us help others be their healthiest selves in 2022!

Celebrating Accomplishments of 2021

- → Over 150 counseling hours provided by Edgewood Graduate students in 2021
- → 310 completed patient appointments in 2021
- → Over 600 volunteer hours recorded to meet patient and clinic needs
- → Clinic hours expanded in March to provide weekly appointments
- → 91% of patients surveyed reported receiving excellent care from the NFHC (the other 9% report receiving very good care)
- → 94% of patients surveyed reported improved health since becoming a patient at the NFHC
- → 7 new volunteers on-boarded at the NFHC

NEW SERVICES LAUNCHED IN 2021!

- → Monthly Physical Therapy Sessions initiated!
- → Pediatric Dental Screening Services opened!

Coming in 2022!

- → Advanced Cardiovascular Prevention Program!
- → Routine Influenza vaccinations now offered to patients!